

# BISON BANNER



<http://www.centralcityschoolsne.org>

## SUPERINTENDENT'S MESSAGE

### Progress Is Tough

Another semester of school is quickly drawing to a close. Students and staff will have a much-needed break in the coming weeks. We hope that they can utilize this time to rest, reset, and spend time with family and friends. We do not say this nearly enough, but we have great kids and great staff members, and we are thankful to have them as a part of our school and community.

A critical piece of a community is trust. We must trust that our leaders are making decisions and working each and every day to improve, empower, and grow our community. Decisions to better our community are sometimes difficult, and critiqued more with each day, as the way we communicate constantly changes. That criticism makes it increasingly difficult for leaders today to move their entity forward.

Our School Board and Administration has worked diligently to plan for our school district not only for today, but tomorrow, and well into the future. That planning involves focusing on needs, projections, maintenance, long-term variables, and most importantly, providing students the opportunity to be successful in their future. The decisions that we make are not only based on school needs, but they are made with community in mind.

Our recent bond election was not meant to divide a community, but was meant to address the needs of our students and community while moving both school and community progressively into the future. This proposal was years in the making and thousands of hours of research and work. Ultimately, the price tag was high, maybe too high, but the cost of operating a business or running a school is much higher today than many years ago. We presented this proposal with the highest of character, honesty, and integrity. We didn't waiver on that stance and we will move forward the right way.

As a community, you spoke, and as a District, we can respect that the original plan did not meet the intentions or desires of the community. We constantly teach kids to get back up, rethink, and refocus to accomplish the desired outcomes. As a District, that is exactly what we will do. We will stay ahead of building needs through planning and rotations to accommodate maintenance projects and to provide improved services and efficiencies. All of these things will require resources at the same level or higher than today. In the future, the District will be acquiring resources that can be utilized towards early childhood, special education, and projects. Decisions will have to be made about those resources and on occasion, those decisions will not be uncomplicated.

Community growth pushes personal comforts. A business, organization, or community that remains comfortable becomes stagnant. We must all possess the ability to stretch our comfort level to accomplish more. Personally, I enjoy being a part of this community and cherish the education that my kids receive in this school system. The future of our children and community depends on all of us. GO BISON!!!



Jeff Jensen	Shawn McDiffett	Holee Hanke	Neely Moser	Maureen McElhinny	Justin Anderson
Superintendent	HS Principal	MS Principal	Elem Principal	SPED Director	Activities Director

## Central City High School National Honor Society Induction

On October 16, 2018 fifteen additional juniors and seniors were recognized for their academic success in high school when they were inducted into the Central City High School Chapter of National Honor Society (NHS). These outstanding students became part of a tradition that has existed since 1925. Mrs. Lori Supernaw played beautiful piano music before the program. Mrs. Debra Anderson, NHS Advisor and High School Counselor, gave the welcome and outlined the qualifications for NHS. Chesney Reeves, NHS President, led the program. NHS officers then gave informative speeches reviewing the purpose of NHS and described the character traits to be reflected by the members. New members were recognized individually by current members in the ceremony when they signed the NHS book, and received a NHS certificate and yellow carnation. The ceremony was followed by a reception of ice cream cake, punch, and coffee.

A special thank you goes out to Mr. Dale Soll, Mr. Doug Soll, Mrs. Jennifer Lani, Mrs. Minette Malm, Mrs. Sandi Abbott, and NHS members who contributed to the program and reception. We would also like to thank Lori Supernaw for playing beautiful introductory music, Dairy Queen for donating an ice cream cake, April Hedglin for photographing the event, and the parents of members who served at the reception: Mr. and Mrs. Jay Lee, Mr. and Mrs. Scott Brandenburg, Mr. and Mrs. Kirby Mousel, and Mrs. Laurence Hedglin.

### 2018-19 Members of the Central City High School Chapter of National Honor Society



Back Row (new members): Emily Blomstedt, Jacey Eberle, Alexis Ferris, Logan Lovejoy, Montana Newman, Gabrielle Moser, Josiah Ohlman, Shane Stahn, Spencer Supik, Austin Wells, Blake Wert, Lindsey Sawyers, Rylie Young, Zoe Snyder, and Jordan Buckau Front Row: Morgan Meyer, Julie Hedglin, Sarah Dixon, Shayla Douthit, Ryah Richardson, Jacob Mack, Gabriella Homolka, Dyllan Lee, Koby Brandenburg, Morgan Twiss, and Chesney Reeves.

## From the Desk of the High School Principal

The first semester of the 2018-19 is in the books. We can be very thankful for all the success our students and staff experienced up to this point. Many of our students have a lot on their plates. I notice that we have some students who arrive at school prior to 7:00 am and don't leave until 8:00 or 9:00 pm. We have some students that leave school at 3:38 and go directly to work until late. Our kids are amazing and we should be proud of their accomplishments. When I visit with our students and ask how they are doing, many students say they are tired, especially this time of the year. I am hopeful that students and staff can take time to get the most deserved rest and recuperation during the holiday break.

The second part of the year is just as hectic as the first. We have MAP testing for grades 9 through 11 shortly after we return from break, winter activities will be in full swing, Show Choir and Speech competitions will get started, and we will start the initial process of class schedules for the 2019-20 school year.

Some major initiatives we have implemented this year include Career Pathways in the areas of science, business, art, industrial technology, agriculture, and vocal music. As we go down the road of career pathways, we will continue to look for additional opportunities in other areas.

The 2018-19 school year was our first year of implementation for our 1:1 Chromebooks for all students in grades 9-12. Overall we were successful at integrating the Chromebooks in many different classes. Students are using the Chromebooks to complete various projects, they use the computers to find supporting information about a specific problem, they are using the Chromebooks in every curriculum area in various degrees. We will continue to provide professional development opportunities to our staff in an effort to explore different ways to utilize this tool to enhance instruction and student engagement.

Just some reminders that all juniors will be taking the statewide ACT assessment in April.

If you haven't already done so, please make sure to sign up for Bison Alerts through our website, especially to listen for school closings or late starts during the winter months.

Please continue to communicate with the school when your son or daughter is absent from school by calling us at 946-3086. We appreciate your efforts in communicating with us in a timely manner.

We hope the second part of the year is at least as good if not better than the first part of the year.

Principally Speaking

Mr. Shawn McDiffett

**Central City Public Schools will educate, challenge and prepare students with lifelong skills for the world around them.**

## Central City High School Career and College Fair 2018 - *Learn to Earn*

On November 21<sup>st</sup>, Central City High School hosted the eleventh annual Career and College Fair called *Learn to Earn*. The Fair was rated highly by the staff and students. CCHS students said it was enjoyable, informative, engaging, and gave them a broader view of career and college opportunities!

Over fifty guest presenters, representatives, and recruiters volunteered their time and knowledge to the students during the Career and College Fair.

The keynote speaker was Bill Cordes, author and former talk show host. He gave an upbeat presentation speaking about personal responsibility, making solid decisions, being engaged in learning, and following one's passion.

Students also heard from Sarah Wimer, Youth Project Director with the *Set Me Free Project*. Sarah spoke about safety, social media issues, and human trafficking.

All students spent time visiting with various college representatives and military recruiters in the gym. The students seemed to have a lot of fun and gained a great amount of information from them.

CCHS students also heard from a variety of outstanding local and regional career awareness presenters about their specific occupations: Talia (Glasser) Peterson, Chief Nurse with Merrick Medical; Holly (Rodriguez) Kutschkau, Art Specialist with Meadow Lane Elementary; Dan Poppe, President of Archer Credit Union; Morgan (Beck) Saxton, Training Development and Human Resources with Hudl; Nathan Anderson, Mechanical Engineer and Business Development with Griffin DeWatering; Travis Kuchar, Pharmacist with Trav's U-Save; Noah Broekemeier, Pharmacist with Merrick Medical; Kenton Gillan, Pipefitter with Midlands Mechanical; Scott Dominick, Plant Manager with Preferred Popcorn; Randi Tomasek, Programmer with Aurora Co-Op; Gwyndolyn Mowbray, Project Architect with Studio Red Architects; and Lucas Negus, Wildlife Biologist with the Nebraska Game and Parks Commission.

The school day continued for CCHS students with fun and informative presentations about the college going experience from recent CCHS graduates: Katherine Benner, Michael Murray, Dale Jones, Tucker Schneiderheinz, Zachary Rinkol, Chase Dettman, Noah Carlson, Shelby Bamesberger, Emiline McGinnis, Tyler Ferris, and Lane Tomasek.

The day concluded with the cast of the CCHS One Act Play performing, *The Taming of the Shrew, Who is Taming Who?* by Amanda Petefish-Schrag and Ben Schrag, and directed by Miss Stephanie Shearer.

Many individuals contributed to the success of this special day and a huge thank you goes out to all high school personnel, the Central City Mall, Amy Schoch with the Central City Chamber of Commerce, special presenters, career presenters, college representatives, military recruiters, MidAmerica Speakers Bureau, CCHS Alumni, and the CCHS One Act cast and crew. Central City High School appreciates the partnership between our community and high school.

The Career and College Fair was organized by Counselor Debra Anderson and Sandra Abbott of CCHS. Part of the funding for the Central City High School Career and College was provided through a College Access Grant from the Education Quest Foundation.



Top Right: National Guard Representative and CCHS Students Hannah Tyler and Abigail Curfman

Bottom Left: CCHS Students Logan Wert, Tate Beyard, and Alejandro Orozco

Bottom Right: Nebraska College of Technical Agriculture Representative and Senior Douglas Beck



## Middle School—Navigating Technology

Our children have never known a world without social media such as Snapchat, Instagram, Twitter, etc. If you are “old” like myself you might remember having to talk to your friends on a phone with a cord that kept you in the living room with your parents listening! Well, that is not the case for our kids today. I also remember only having three channels of television to choose from and today there are well over one hundred channels. Again, our kids are inundated with information from sitcoms, news, and commercials. What are they learning from all this information? And how can you help them navigate the social waters and the culture they live in?

- Establish device free zones, times, and places where everyone unplugs (including the adults).
- Take time off from social media. Be in the moment, you don't have to catch everything on camera or post everything you are doing.
- Use media as a talking point with your kids. There will be plenty of examples of the great things going on in the world as well as cultural topics that will facilitate difficult but worthy discussion.
- Speak truth with your kids but always do so with compassion and love. This includes telling them no but also telling them why it should be no.
- Turn off the television and any other source of “noise”. Make sure that your kids get outside, read, draw, play board games, and enjoy music.
- Expose your kids to other cultures not simply what they see through the media.
- Facilitating authentic meaningful relationships does not come through social media. It happens when we put down devices, live in the moment, listen to others, respectfully debate topics, and have meaningful relevant discussions.

Remember the greatest influence on our kids is the adults that interact with them on a daily basis so make the most of your time with them. They are important and worth it. Thank you for sharing your kids with us.

Holee Hanke, Middle School Principal

## Elementary

Happy Holidays! With the start of 2019 it is a good time to reinforce good study habits and routines with your elementary child. Here are some tips to help your child develop study habits that will help them now and throughout their years in school:

- 1) Make it routine. Have a plan for after school that your child knows when it is time to do school work and when to get started.
- 2) Be organized and develop a plan. Go through his or her backpack to see what all needs to be done and help to plan how it's going to get finished.
- 3) Break time - It's important to establish a break time especially if the task is difficult or longer.
- 4) Limit distractions – Students should have a quiet and clean space to do homework out of the way from distractions such as the phone, TV, etc.
- 5) Make help available – Encourage your child to work alone as appropriate, but also let your child know what to do if they need help. Ask them to try a problem first and then have you assist with the next one.
- 6) Set Goals & Track Progress – Set goals and reward your child for good study habits by giving them some additional mom or dad time or even going out for ice cream if they bring home a paper in which they've greatly improved. This teaches work ethic and patience in working hard to reach a goal.
- 7) Give them tasks that are difficult or that take time to complete. With all of the technology and immediate feedback kids get from it, it is difficult for them to persevere through hard tasks. Give your child a chance to work through things with your support close by.

Parent involvement is so important in the school work process. Believe it or not, the habits you are cultivating right now in elementary school set the tone for success in the middle, high school and even later in life. Don't hesitate to contact your child's teacher or myself if you would like to talk about your child's study habits or ideas to help!

Mrs. Moser

**ELEMENTARY REMINDERS:**

Please make sure you are using the crosswalks when you are coming to the school. This is what is safe and sets a great safety example for our students too!



When changing after school arrangements for students, please make sure you contact the school office prior to 2:00 pm. After school arrangements should be communicated and in place with your child’s classroom teacher. Occasionally emergency situations necessitate a change. Please try to have a plan in place so changes are not happening every day. Thank you for your attention to this!



Make sure your child has the proper winter attire. Temperatures are cold and whenever possible, we try to be outside. It’s important to keep a hat and gloves in their bag.

**CCPS Core Values**  
**Students First, Integrity, Respect, Sense of Community,**  
**No Excuses, High Expectations, Accountability, Bison Pride**

*Nebraska Child Safety Restraint Law  
 Following Passage of LB 42*

Current Law (effective through December 31, 2018)	New Law Following Passage of LB42 (effective beginning January 1, 2019)
All children up to age <b>six</b> must ride correctly secured in a federally-approved car seat or booster seat.	All children up to age <b>eight</b> must ride correctly secured in a federally-approved car seat or booster seat.
	Children ride rear-facing until up to age <b>two</b> or until they reach the upper weight or height limit allowed by the car seat’s manufacturer.
	Children up to age <b>eight</b> must ride in the back seat, as long as there is a back seat equipped with a seatbelt and is not already occupied by other children under eight years of age.
Children ages <b>six</b> to <b>eighteen</b> must ride securely in a seat belt or child safety seat (car seat or booster seat).	Children ages <b>eight</b> to <b>eighteen</b> must ride securely in a seat belt or child safety seat (car seat or booster seat).
Childcare providers must transport all children securely in an appropriate child safety seat (car seat or booster seat) or seat belt.	Childcare providers must transport all children securely in an appropriate federally-approved child safety seat (car seat or booster seat) or seat belt.
Children up to age <b>eighteen</b> are prohibited from riding in cargo areas.	
Violation carries a \$25 fine plus court costs and 1 point is assessed against the operator’s driving record.	



# DON'T GET LEFT IN THE DUST GET SEAT-IATED

ARE YOU KEEPING UP? MAKE SURE YOU #GETSEATIATED BY **JANUARY 1, 2019**, WHEN THE NEW CHILD PASSENGER SAFETY LAW TAKES EFFECT.



- Children must ride rear-facing **up to age 2** or until they reach the upper weight or height limit allowed by the car seat manufacturer.
- All children **up to age 8** must ride secured correctly in a federally-approved car seat or booster seat.
- Children **up to age 8** must ride in the back seat, as long as there is a back seat equipped with a seatbelt and is not already occupied by other children under eight years of age.



Support them first. Infants and toddlers must ride in rear-facing car seats, providing the ultimate support for the head, neck and spine.



Turn the seat around! A forward-facing car seat with a five-point harness limits forward movement and should always stay in the back seat.



Give 'em a boost! Once children meet the height and weight limits for the forward-facing seat, they're good to go ahead and move to a booster seat.

## KEEP BUSINESS IN THE FRONT, AND SAFETY IN THE BACK

The Child Passenger Safety Law requires **children up to age 8** to ride in the back seat, as long as it is fully equipped with everything needed for them to stay safe. So for now, #getseatiated, focus on safely driving, and make sure they are secure in the back.

STAY UP-TO-DATE WITH ALL THE CHANGES THE CHILD PASSENGER SAFETY LAW WILL BRING BY VISITING: [DRIVESMARTNE.ORG](http://DRIVESMARTNE.ORG)

#GETSEATIATED



# January Breakfast



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	19 Days = \$37.05	1 HAPPY NEW YEAR  NO SCHOOL	2  NO SCHOOL	3  NO SCHOOL	4  NO SCHOOL	5
6	7 Muffin Applesauce	8 Breakfast Pizza Mandarin Oranges	9 Pancakes Peaches	10 Yogurt Parfait Pineapple	11 Apple Bread Stick Pears	12
13	14 Cereal Bar Mandarin Oranges	15 Cheese Omelet Peaches	16 Mini Bagel Pineapple	17 Sausage Bites Pears	18 Donut Mixed Fruit	19
20	21 Granola Bar Pineapple	22 Breakfast Burrito Peaches	23 Pancake Bites Mixed Fruit	24 Sausage Breakfast Sandwich Pears	25 Frudel Mandarin Oranges	26
27	28 Chocolate Donut Applesauce	29 Dutch Waffle Mixed Fruit	30 Bacon Scramble Pizza Mandarin Oranges	31 French Toast Sticks Pears		

Cereal, yogurt, and fruit are served everyday. Choice of milk and juice are offered daily. ALL MEALS ARE SUBJECT TO CHANGE

# February Breakfast



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	13 Days = \$25.35				1 Sausage Breakfast Round Pineapple	2
3	4 Mini Donuts Pears	5 Cereal Peaches	6 Egg and Cheese Breakfast Sandwich Applesauce	7 Pancake & Sausage on a Stick Mixed Fruit	8 Long John Mandarin Oranges	9
10	11 Muffin Applesauce	12 Breakfast Pizza Mandarin Oranges	13 Pancakes Peaches	14 Apple Breadstick Pears	15  NO SCHOOL	16
17	18 Cereal Bar Mandarin Oranges	19 Cheese Omelet Peaches	20 Mini Bagels Pineapple	21 Sausage Bites Pears	22 Donut Mixed Fruit	23
24	25 Granola Bar Pineapple	26 Breakfast Burrito Peaches	27 Pancake Bites Mixed Fruit	28  NO SCHOOL		

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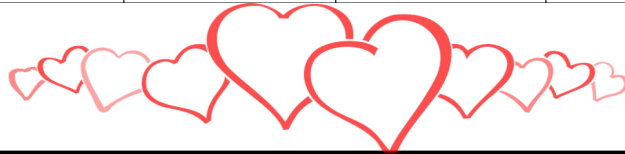
# Lunch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	ELEM 19 Days = \$50.35 MS/HS 19 Days = \$52.25	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5
6	7 Hot Dog on a Bun Crispy Potato Wedges Baked Beans Chocolate Chip Gripz (5-12)	8 Beef Sticks Broccoli w/Cheese Biscuit and Honey	9 Fiesta Peas Chocolate Chip Bar	10 Meat Ball Parmesan Flatbread Carrots	11 Meal-in-a-Bowl (Popcorn chicken, mashed potatoes, corn, gravy) Bread and Jelly	12
13	14 Pizza Peas Cinnamon Bread Stick (5-12)	15 Chicken Strips Mashed Potatoes and Gravy Bread and Jelly	16 Crunchy Cheese Burger Hash Brown Rounds Chocolate Chip Cookie	17 Pizza Macaroni Green Beans Garlic Bread	18 Super Nachos Corn Tortilla Chips Refried Beans	19
20	21 Pulled Pork on a Bun Tator Tots Baked Beans	22 Teriyaki Chicken Rice Green Beans Muffin	23 Spaghetti w/Meat Sauce Carrots Garlic Bread Stick	24 Chicken Fried Steak Mashed Potatoes and Gravy Dinner and Jelly	25 Chicken Nuggets Crispy Potato Wedges Bread and Jelly	26
27	28 Pizza Cheese Crunchers Broccoli Double Chocolate Chip Cookie	29 Chicken Filet on a Bun Corn	30 Corn Dog Potato Skins Baked Beans	31 Chicken Quesadilla Peas		

Fruit/Veggie Bar & Milk Choices  
 All meals are served with the choice of fresh fruit and vegetables. Choice of milk also available.  
 Elementary Lunch Choices  
 Kindergarten & Gr 1 Peanut Butter/Jelly Sandwich as alternate main meal every day.  
 Grades 2-4 alternate main menu is Peanut Butter/Jelly Sandwich on Mon/Wed/ Fri. Chef Salad on Tues/Thur.  
 ALL MEALS ARE SUBJECT TO CHANGE  
 USDA IS AN EQUAL OPPORTUNITY EMPLOYER

# February Lunch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Elem 17 Days = \$45.05 MS/HS 17 Days = \$46.75				1 Country Fried Pork Steak Mashed Potatoes and Gravy Bread and Jelly	2
3	4 Mandarin Orange Chicken Rice Broccoli	5 NO LUNCH	6 Crispito w/Cheese Sauce Carrots Chocolate Cake with Icing	7 Popcorn Chicken Smackers Mashed Potatoes and Gravy Dinner Roll and Jelly	8 Cheese Calzones Green Beans	9
10	11 Hot Dog on a Bun Crispy Potato Wedges Broccoli w/Cheese Chocolate Chip Gripz (5-12)	12 Chicken and Noodles Peas Dinner Roll and Jelly	13 Walking Taco Black Beans Cinnamon Roll	14 Max Sticks w/ Marinara Sauce Green Beans Chocolate Chip Cookie	15 NO SCHOOL	16
17	18 Hamburger on a Bun Crispy Fries Baked Beans	19 Fiesta Peas Cinnamon Bread Stick (5-12)	20 Beef Sticks Broccoli w/Cheese Biscuit and Honey	21 Meat Ball Parm on Flatbread Carrots	22 Meal-in-a-Bowl (Popcorn Chicken, Mashed Potatoes, Corn, Gravy) Bread and Jelly	23
24	25 Pizza Peas Cinnamon Bread Stick (5-12)	26 Chicken Strips Mashed Potatoes and Gravy Bread and Jelly	27 Crunchy Cheeseburger Crispy Fries Chocolate Chip Cookie	28 NO SCHOOL		

Fruit/Veggie Bar & Milk Choices  
 All meals are served with the choice of fresh fruit and vegetables. Choice of milk also available.  
 Elementary Lunch Choices  
 Kindergarten & Gr 1 Peanut Butter/Jelly Sandwich as alternate main meal every day.  
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POSTAL CUSTOMER/  
OR CURRENT OCCUPANT

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